

Mai Nakabayashi Actor, Choreographer

Date of Birth: April 2, 1982

Birthplace: Tokyo Height: 163 cm

Hobbies: Traveling and observing animals. Dog lover.

Her motto is "Determined, beautiful, and entertaining". Her field is not only acting but also various activities based on the motto. She started classical ballet from an early age, and enjoyed dancing, acting and learning anatomy at the same time.

In 2004, she has started her acting career as a founding member of FAIFAI, a theater company, while studying at Tama Art University, Moving Images and Performing Arts. Until she left the company in 2012, she performed in almost all their works in Japan and abroad, including world tours and residential art projects in many European and Asian countries. After leaving the company, she participated many works by well known directors and choreographers in various generations and nationalities, such as Keralino Sandorovich, Mitsunori Fukuhara, Junnosuke Tada, Konosuke Itoi, Konatsu Yoshida, Kenichi Tani, Yutaka Tanoue, Norihito Nakayashiki, Suguru Yamamoto, Will Tuckett, Ella Rothschild, Bambang Prihadi, and Jo Kukathas etc.

From straight plays to plays require high physical ability, large theater to artistic small showcase, she performed many different types of characters. In 2018, also she performed in her first solo project "HAMARU".

In 2010, she started working as choreographer for "Dempagumi.inc". She choreographs for idols and theatrical productions, such as Dempagumi.inc, Band Ja Naimon! MAXXNAKAYOSHI, "Memories of Matsuko" starring by Nogizaka46/W, "ENGEKI JYOSIBU" "NEGAPOJIPOJI" by Hello! Project, etc.

In 2014, she learned traditional Thai dance repertoire under Pa Kanya of La Conchartley, which is inherited in the Nan Luang district of Bangkok, and she had a show there.

From 2019, she started studying Korean language to perform a solo project in Korea. In 2020, she won the "재미 있었다 상 Judge's Special Award" at Korean Speech Contest held by the Mille Korean Language Institute.

She will continue to enjoy encounter with other people and things happen around the world.



photo by Kaoru Fukui